



The Nilgiris

Authentic South Indian Cuisine

APPETIZERS

Rasam (Soup)	\$ 4.99
Idli 65	\$ 7.99
Chilli Idli	\$ 9.99
Sambar Idli	\$ 6.99
Rasam Idli	\$ 6.99
Masala Podi Idli	\$ 8.99
Pepper Idli	\$ 8.99



QUICK BITES

Plate of Medu Vada	\$ 6.99
Plate of Masala Vada	\$ 6.99
Sambar Vada	\$ 6.99
Thayir Vada	\$ 6.99
Rasam Vada	\$ 6.99



BAJJI VARIETIES (5:00pm- 8:00pm)

2 Plantain Bajji	\$ 6.99
2 Chilly Bajji	\$ 6.99
3 Onion Bajji	\$ 6.99
3 Potato Bajji	\$ 6.99



TIFFIN ITEMS (8:30am to 11:30am)

Special Nilgiris Combo	\$ 10.99
Venpongali / Ghe Pongal	\$ 8.49
Rava Uppma	\$ 8.49
Rava Kichadi	\$ 8.49



NILGIRIS SOFT IDLI VARIETIES

1 Plate Idli	\$ 7.99
1 Plate Idli vada	\$ 7.99
Button Idli (14 Idlis)	\$ 7.99



LUNCH SPECIAL (11:00am to 3:00pm)

Chennai Food Platter (Madras Thali)	\$ 15.99
Mumbai Plate Meals (Bombay Thali)	\$ 18.49
Quick Lunch (3:00pm-8:00pm) (Special Mini Meals)	\$ 12.99



DOSA VARIETIES

(Add Chilli/Onion/Cheese/Ghee/Podi/Mysore chatney - at Additional cost)

Plain Dosa	\$ 8.99
Masala Dosa	\$ 9.99
Onion / Onion Masala Dosa	\$ 9.49 / \$ 10.99
Cheese / Cheese Masala Dosa	\$ 10.99 / \$ 12.99
Paper / Paper Roast Masala Dosa	\$ 10.99 / \$ 11.99
Ghee / Ghee Roast Masala Dosa	\$ 11.99 / \$ 12.99
Butter / Butter Roast Masala Dosa	\$ 11.99 / \$ 12.99
Spring / Cheese Spring Vegetable Dosa	\$ 11.99 / \$ 12.99
Kal Dosas (3)	\$ 10.99
Mini Dosas (4)	\$ 10.99
Set Dosas (2)	\$ 9.99



SPICY DOSAS

Gun Powder/Gun Powder Masala Dosa	\$ 10.99 / \$ 11.99
Mysore Plain/Mysore Masala Dosa	\$ 10.99 / \$ 11.99
Mysore Onion/Mysore Masala Onion Dosa	\$ 11.49 / \$ 12.49
Chilli/Chilli Masala Dosa (Red or green)	\$ 11.49 / \$ 12.49
Hot Spring/Hot Cheese Spring Vegetable Dosa	\$ 11.99 / \$ 13.99

NILGIRIS MUST TRY

Paneer Masala Dosa	\$ 13.99
Pav Baji Masala Dosa	\$ 12.49
Mushroom Masala Dosa	\$ 12.49
Mint / Mint Masala Dosa	\$ 10.99 / \$ 11.99
Spinach / Spinach Masala Dosa	\$ 10.99 / \$ 11.99
Coriander / Coriander Masala Dosa	\$ 10.99 / \$ 11.99
Garlic / Garlic Masala Dosa	\$ 10.99 / \$ 11.49

RAVA DOSA VARIETIES

Rava Plain / Rava Masala Dosa	\$ 11.49 / \$ 12.99
Rava Onion / Rava Masala Onion Dosa	\$ 12.49 / \$ 13.99
Rava Mysore Plain / Mysore Masala	\$ 12.99 / \$ 13.99
Rava Mysore Onion / Rava	
Mysore Masala Onion	\$ 12.99 / \$ 14.99
Rava Paneer Dosa	\$ 14.99
Rava Mushroom Masala Dosa	\$ 13.49
Rava Pav Bhaji Dosa	\$ 13.49



EXTRA SAMBAR AND CHUTNEY WILL BE AT ADDITIONAL CHARGE

Price may change without prior notice

OOTHAPAMS

Plain Oothapam	\$ 8.99
Onion / Onion Chilli Oothapam	\$ 9.49 / 9.99
Tomato Oothapam	\$ 10.99
Special Onion Oothapam	\$ 12.49
Cheese Oothapam	\$ 12.99
Mixed Vegetable Oothapam	\$ 11.99
Spring Vegetable Oothapam	\$ 11.99
Gun Powder Vegetable Oothapam	\$ 11.49
Coconut Chilli Oothapam	\$ 10.99
7 Taste Oothapam	\$ 12.49



RICE SPECIALITIES

Vegetable Biryani	\$ 11.49
Tamarind Rice	\$ 8.99
Lemon Rice	\$ 8.99
Sambar Rice (Bisibela bhath)	\$ 8.99
Coconut Rice	\$ 8.99
Tomato Rice	\$ 8.99
Curd Rice (Bagala bhath)	\$ 7.99



OUR CHINESE CASECADES (4:00pm to 8:00pm)

Gobi Manchurian	\$ 9.99
Chilly Paratha	\$ 9.99
Chilly Vada	\$ 9.99



NILGIRIS BREAD BASKET

Parotta (2) with Vegetable Kurma /	
Channa Masala / Potato Masala	\$ 9.99
Vegetable Kothu Parotta	\$ 9.99
Poori (2) with Potato Masala /	
Channa Masala / Veg. Kurma	\$ 9.99
Chapathi (3) with Vegetable Kurma /	
Channa Masala / Potato Masala	\$ 9.49



KIDS SPECIAL AT \$ 9.99

Cheese Dosa
Chocolate Dosa
Nutella Dosa
Cone Shape Dosa



DRINKS	DESSERTS
Madras Filter Coffee	Mysore Pak (2 Pieces) \$ 4.49
Indian Masala Tea	Rava Kesari (2 Pieces) \$ 4.49
Sweet Lassi	Rava Laddu (2 Pieces) \$ 4.49
Salt Lassi	Gulab Jamoon (2 Pieces) \$ 4.49
Mango Lassi	Boondi Laddu (2 Pieces) \$ 4.49
Masala Butter Milk	Wheat Halwa (2 Pieces) \$ 4.49
Mango Shake	Badhusha (2 Pieces) \$ 4.99
Badam Milk (Hot or Cold)	Payasam \$ 4.99
Water Bottle	
Soft Drinks	

Nut Allergy Warning:

Please note that any food we prepare might contain nuts or trace amounts of nuts.

Lunch Buffet

Tuesday to Sunday from 11.00 a.m. to 3.00 p.m. (Scarborough)
Saturday and Sunday from 11.00 a.m. to 3.00 p.m. (Brampton)

Food items mentioned in the menu are subject to availability.

We use Canola Oil (Cholesterol free).

Please order in advance for large quantities of food items.

Prices may be changed without prior notice.

We do Catering for Marriages, Birthdays and all Special Occasions.

Order Online for Take Out www.nilgiristoronto.ca

Branches

Scarborough

3021, Markham Road, Unit #50
Markham & McNicoll Centre
Scarborough, ON M1X 1L8
Tel: 416-412-0024

Brampton

4525, Ebenezer Road, #22, 23
The Gore Centre
Brampton, ON L6P 2K8
Tel: 905-794-7444

Thank you for coming! Tell your Friends & Family about us!